

1968 Region 4 Championships

at Macalester College, Fri., May 31, 1968

Teams: White Bear Lake 37, Mounds View 26, Brooklyn Center 22, Alexander Ramsey 17, North St. Paul 16, South St. Paul 13, Anoka 12, Coon Rapids 10, Montgomery 8, Stillwater 8, St. Peter 7, Burnsville 6, Fridley 6, Princeton 6, Osseo 5, Arlington 4, Hastings 4, St. Francis 4, St. Paul Park 3, Braham 3, Mora 3, Spring Lake Pk 2, Mora 3, LeCenter 2

100

- 1 Wayne Urista, Fridley 10.1
- 2 Skip O'Dette, Coon Rapids
- 3 Bill Lesch, South St. Paul
- 4 Glen Boyd, Ramsey
- 5 Dave Decker, White Bear

220

- 1 Ron Watters, White Bear Lk 23.3
- 2 Craig Cina, Arlington
- 3 Dan Kilduff, Mounds View
- 4 Dave Decker, White Bear Lk
- 5 Jim Cooper, Anoka

440

- 1 Ron Watters, White Bear Lk 49.9
- 2 Greg Olson, Brooklyn Center
- 3 Glen Boyd, Ramsey
- 4 Dave Bridges, White Bear Lk
- 5 Gary Brenke, LeSueur

880

- 1 Tom Steiner, Ramsey 1:55.9 **
- 2 Terry Thomas, Mounds View
- 3 Dennis Murphy, St. Paul Park
- 4 Duane Williams, Anoka
- 5 Bill Payne, Spring Lake Pk

Mile

- 1 Mike Hanley, Anoka 4:14.1 **
- 2 Dennis Sewill, Osseo 4:23.8
- 3 Jim Sheehan, Mounds View
- 4 Mike Engh, White Bear Lk
- 5 Dick Fairbanks, Anoka

High Hurdles

- 1 Leigh Folstad, Brooklyn Center 15.0
- 2 Mark Hendrickson, North St. Paul
- 3 Joe Anderson, St. Francis
- 4 Bob Stumm, Burnsville
- 5 Phil Hallstrom, Mora

180 Yd. Low Hurdles

- 1 Mark Hendrickson, North St. Paul 20.0
- 2 Bob Stumm, Burnsville
- 3 Leigh Folstad, Brooklyn Center
- 4 Phil Hallstrom, Mora
- 5 Joe Anderson, St. Francis

* Ties Meet Record

** New Meet Record

Notes:

880 Relay

- 1 White Bear (Ault, Johnson, Decker, White) 1:31.9
- 2 South St. Paul
- 3 Coon Rapids
- 4 Montgomery
- 5 St. Peter

Mile Relay

- 1 Ramsey (Holloway, McGuire, Steiner, Boyd) 3:20.7**
- 2 Mounds View
- 3 Brooklyn Center
- 4 LeCenter
- 5 St. Peter

Shot Put

- 1 Dennis Gillen, North St. Paul 53-7
- 2 Gary Pederson, Brooklyn Center
- 3 Bob Backlund, Princeton
- 4 Reid Berger, White Bear Lake
- 5 Robin Whinnery, Brooklyn Center

Discus Throw

- 1 Mark Johnson, South St. Paul 160-4
- 2 Charley DeDolph, Stillwater
- 3 Bart Buetow, Mounds View
- 4 Bob Backlund, Princeton
- 5 Dave Anderson, Brooklyn Center

Long Jump

- 1 George Honza, Montgomery 21-4 ½
- 2 Bren White, White Bear Lk
- 3 Dan Kilduff, Mounds View
- 4 Tom Lindgren, Anoka
- 5 Jeff Dorn, Osseo 20-6 1/2

High Jump

- 1 Brad Buetow, Mounds View 6-1
- 2 Kim Embretson, Hastings
- 3 Bruce Monke, St. Peter
- 4 Dick Gustafson, St. Peter
- 5 Gerald Ruis, Princeton

Pole Vault

- 1 Bob Nicholson, White Bear Lake 12-6
- 2 Jim Krongard, Stillwater
- 3 Bill Chavis, Coon Rapids
- 4 Jim Ronning, Braham
- 5 Roger Betsinger, Braham